



# Camper Packing List

*These are recommended quantities, suitable for a **one-week** stay at camp.  
If you are staying for **two weeks**, please pack accordingly.*

- Sleeping bag or sheets and blankets and pillow
- Toothbrush and toothpaste\*
- Bath soap and shampoo/conditioner
- Toiletries, i.e. deodorant, lip balm, contact lens solution, feminine products, etc.
- Lightweight bath towel and washcloth
- Hairbrush/comb
- Bag or bucket to carry toiletries to the Greenie (bathhouse)
- Prescription medications (**Keep in original container, clearly labeled with dosage instructions. Pack medications separately, as medications must be given to a staff member at check-in, and will be dispensed by the camp health officer as instructed.**)
- Insect repellent – non-aerosol
- SPF 30, broad-spectrum, waterproof sunscreen
- 6 pair shorts
- 6 shirts/t-shirts\*
- 3 pair long pants/jeans
- 1 sweatshirt or long-sleeved fleece shirt\*
- 7 sets underwear
- 7 pair socks
- Sleepwear\*
- 1-2 swimsuits
- Beach towel\*
- Flashlight with fresh batteries\*
- 1 pair athletic shoes or other closed-toe shoes for sports activities
- 1 pair of sandals for beach activities or shower shoes
- Rain jacket or poncho with hood
- Laundry bag
- Water bottle\*

## **Optional items:**

- Paper and envelope or postcard to write home with stamps\*
- Warm jacket or lined windbreaker
- Hat with brim such as baseball cap\*
- Sunglasses\*
- Journal\*
- Camera (digital or disposable\*; no cell phone cameras)

## **Please note the following:**

- No** candy or food should be sent with campers. (We like campers living in our cabins, not furry four-legged creatures!)
- No** cell phones, iPods, iPads, video games, or other electronic devices are allowed at camp.
- No** valuable jewelry or expensive clothing. Camp is a great place for old clothes. We spend time outdoors - climbing, crafting, having fun, clothes will get dirty!

\*Available for purchase at the camp store

***\*\*If you need any help acquiring anything on this list please contact Camp Westminster's office and we will make sure that your camper has everything that they need to fully enjoy camp!\*\****

313-341-8969

Camp Westminster on Higgins Lake

[www.campwestminster.com](http://www.campwestminster.com)